

MNP Consumer Debt Index

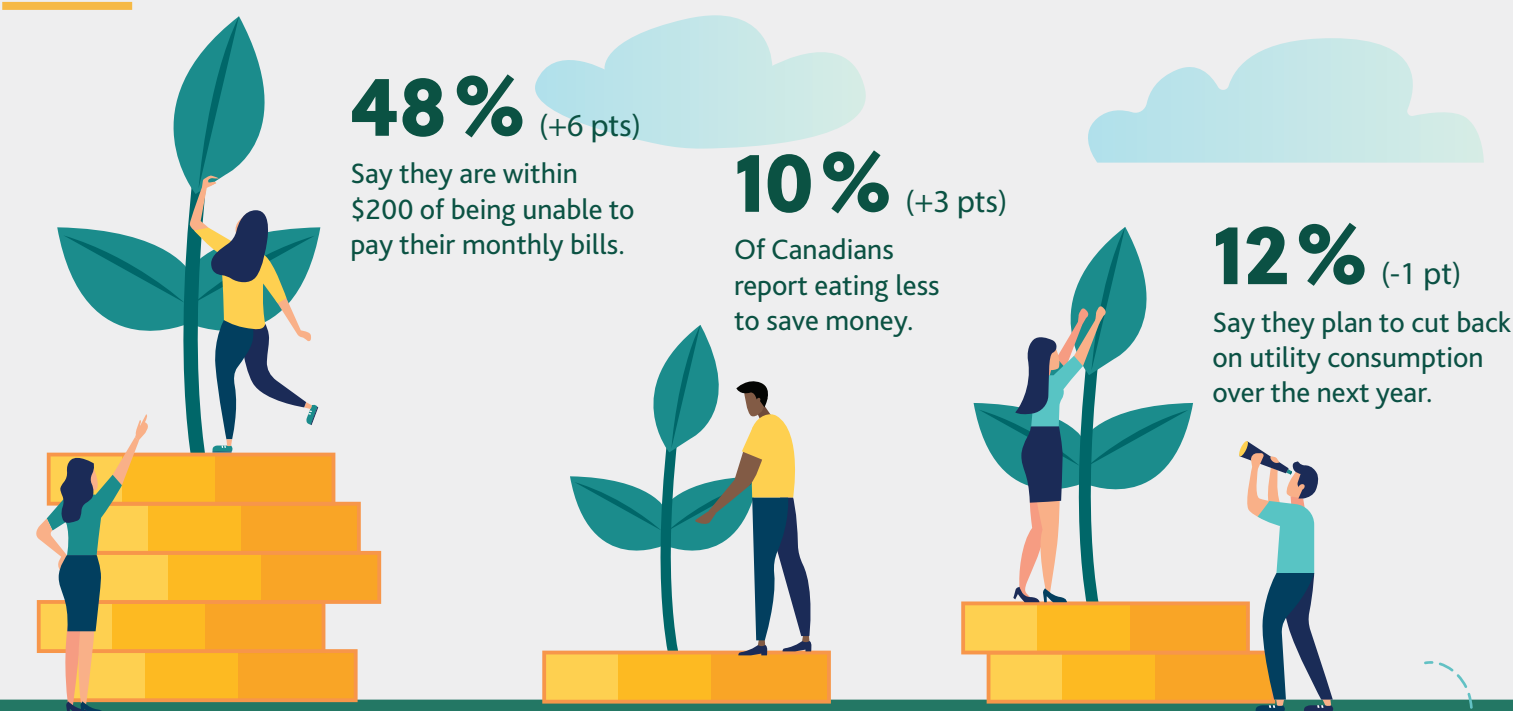
MNP Consumer Debt Index drops two points to 86.

MNP
LTD

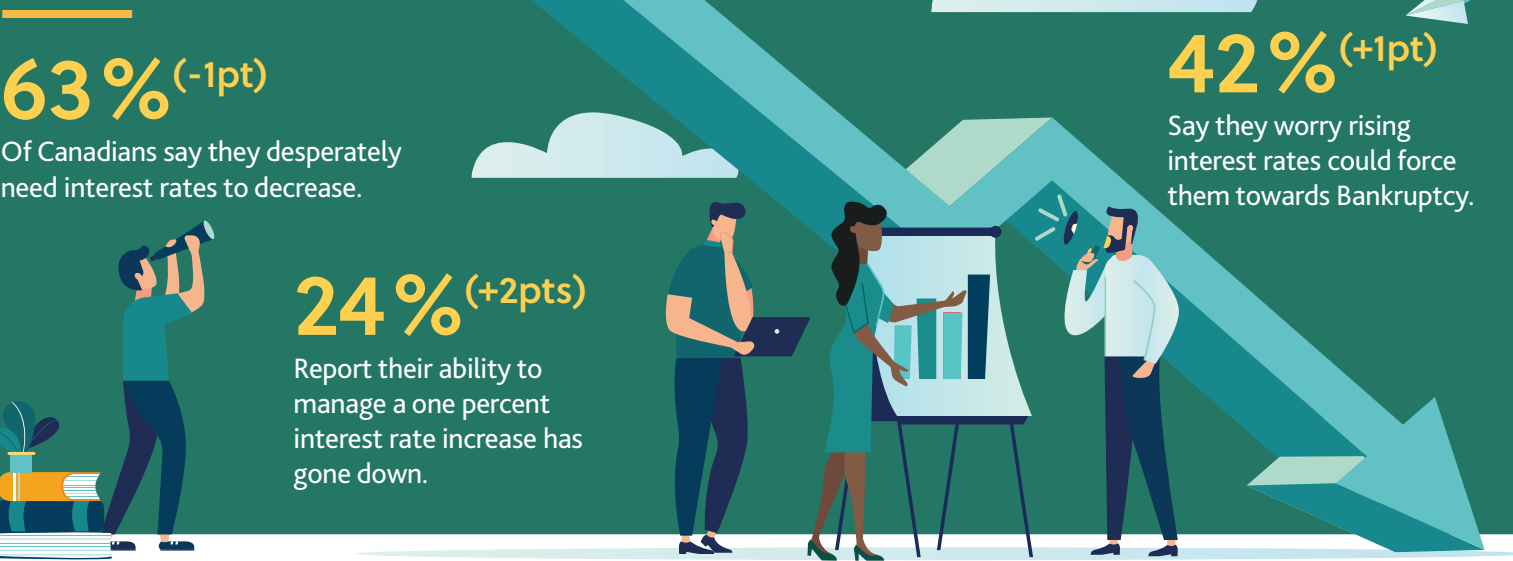
Toll Free 310-DEBT

October 2025

Nearly half of Canadians close to insolvency



Interest rate concerns persist despite drop



Job security and income worries adding to income strain



MNP

**3 MINUTE
DEBT BREAK
PODCAST**

SEASON 6

Take a 3-Minute Debt Break

Get up to speed quickly with the bite-sized insights you need to better manage your debt and stay on top of your finances. Every MNP 3-Minute Debt Break episode delivers one key money management tip in less time than it takes to brew yourself a cup of coffee.

About the MNP Consumer Debt Index

The MNP Consumer Debt Index measures Canadians' attitudes towards their consumer debt and gauges their ability to pay their bills, endure unexpected expenses, and absorb interest rate fluctuations without approaching insolvency. Conducted by Ipsos and updated quarterly, the Index is an industry-leading barometer of financial pressure or relief among Canadians.

Now in its thirty-fourth wave, the Index dropped to 86 points, down two points from last quarter. The data was compiled by Ipsos on behalf of MNP LTD between September 4 and September 9, 2025.

#MNPcdi

MNPdebt.ca/CDI

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