MNP Consumer Debt Index

Optimism about debt and personal finances jumps amid pandemic relief measures and reduced consumer spending.

After reaching a record low in March, the MNP Consumer Debt Index has climbed three points to 96.



Personal Debt Rating Improves

Canadians are feeling more upbeat about their personal debt situation than any point over the past three years.



On a scale of 1 to 10 how would you rate your personal debt situation?



61% +3

Most expect to afford all living expenses over the next year without increasing their debt

43% +5

Nearly half rate their debt situation as excellent

27% +1

A quarter say their debt situation is better now than it was a year ago

23

35% +1

Jun 20

A third say their debt situation it is better now than it was five years ago

Newfound Optimism

More Canadians are feeling hopeful — about their personal debt situation.

44% -3

Four in ten regret the amount of debt they have taken on in life

40% -6

Two in five are concerned about their current level of debt

There are three likely sources for this increased positivity:

- Pandemic relief measures
- Canada's relative stability compared to other nations
- Reduced spending during COVID-19 restrictions





Temporary Relief

Despite a 51 percent year-over-year decline in insolvency filings, many households are bracing for a crash landing when current COVID-19 relief measures end.

33% -3

Only a third expect their debt situation will improve a year from now

11% +2

One in ten expect their debt situation will worsen a year from now

42% ⁻⁶

Only two in five expect their debt situation will improve five years from now

